

**Basil Payne**

**Dark and Light  
Fantastic**

**A Journey towards Freedom**

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## Prelude

*In the beginning there was rhythm*

- Hans von Bülow

A poet, whatever else he may or may not be, is a creature of rhythms, cadences, images, insights, obsessions. Structured obsessions. Thus, the fifty-nine Phases in the four Movements of this Interior Journey should be experienced in their structured sequence: No.1 Bare, to No.59 Plunge.

Movement Four (Phase 59) is both culmination and recapitulation of the motifs and cadences of the preceding fifty-eight Phases. This Movement - pulsing possibly towards a perceived unified or ultimate rhythm - is directed primarily to the auditory imagination. It should yield most if read aloud, and at a fairly brisk pace.

It is intended that the closing words of Movement Four should direct the reader-voyager back again to the opening words of Movement One.

One music with no beginning no end

B.P.